



Patient Information Leaflet

Bio-identical Hormone Therapy

We have provided an illustrative treatment schedule. Whilst many of our patients follow this pattern, individual needs will dictate your treatment schedule.

Introductory Consultation – 15 minutes - £75

If you would like to discuss BHRT with our Dr before deciding to undertake the full initial consultation, you can spend 15 minutes with our Dr who will answer any questions you have. The Fee of £75 for this consultation would be deducted from the initial consultation fee, should you decide to go ahead. It may be possible, if you decide to do so, to continue the introductory consultation and have the necessary consultation and tests needed for the Initial consultation.

Initial Consultation – Up to 45 minutes - £575 (includes follow up appointment)

Our doctor will spend time understanding your history and symptoms, making an initial assessment of your condition and will take blood tests. *(Female Hormone Profile included, additional tests may be taken, Thyroid, FBC). Where appropriate a post-menopausal pelvic scan will be required, this can be done locally at Cherish-UK or with a provider of your choice.

First Follow-up Appointment – 15/30 minutes

Approximately one week later you will return to the Clinic to review your test results, receive advice on managing your symptoms and receive your prescription for your bespoke medication which you will order from the London Specialist Pharmacy.

Second Follow-up Appointment – 30 minutes - £150

Six to eight weeks from start of treatment you will return to see your doctor and review your progress with the prescribed medication. Any required adjustments to your prescription will be made.

Third Follow-up Appointment – 15/30 minutes £75 - £150

Five-six months from start of treatment you will again return to see your doctor for a progress review. Repeat prescriptions will be issued where necessary.

Annual Check – 30 minutes - £425 (includes follow up appointment)

Every twelve months you will be required to attend for an annual check to have your blood test re done. It is normal practice that these are done on a 12-monthly basis to ensure that your BHRT prescription remains as accurate as possible and manages your symptoms at an optimum. It is also a requirement that a post-menopausal pelvic ultrasound scan is conducted each year prior to continuing BHRT treatment.

Every 6-12 months we ask that you return to see your doctor for a review of your symptoms and medication. Please note that it is a legal requirement that we see our patients on at least an annual basis if we are to continue prescribing medi