



We have provided an illustrative treatment schedule. Whilst many of our patients follow this pattern, individual needs will dictate your particular treatment schedule.

Introductory Consultation – 15 minutes - £75

If you would like to discuss BHRT with our Doctor before deciding to undertake the full initial consultation, you can spend 15 minutes with our Doctor who will answer any questions you have. The Fee of £75 for this consultation would be deducted from the initial consultation fee, should you decide to go ahead. It may be possible, if you decide to do so, to continue the introductory consultation and have the necessary consultation and tests needed for the Initial consultation.

Initial Consultation – Up to 45 minutes - £500

Our doctor will spend time understanding your history and symptoms, making an initial assessment of your condition and will take blood tests. *(Female Hormone Profile inc, additional tests may be taken, Thyroid, FBC)

First Follow-up Appointment – 15/30 minutes - £75 - £150

Approximately one week later you will return to the Clinic to review your test results, receive advice on managing your symptoms and receive your prescription for your bespoke medication which you will order from the London Specialist Pharmacy.

Second Follow-up Appointment – 30 minutes - £150

Four to six weeks later, you will return to see your doctor and review your progress with the prescribed medication. Any required adjustments to your prescription will be made.

Third Follow-up Appointment – 15/30 minutes £75 - £150

Three months later, you will again return to see your doctor for a progress review. Repeat prescriptions will be issued where necessary.

Fourth Follow-up Appointment / Annual Check – 30 minutes

Six months later, you will again return to see your doctor for a progress review. Further tests may be required; otherwise repeat prescriptions will be issued where necessary.

Regular reviews

Every 6-12 months we ask that you return to see your doctor for a review of your symptoms and medication. Please note that it is a legal requirement that we see our patients on at least an annual basis if we are to continue prescribing medication. It is our clinic's policy to review patients face to face on an annual basis and re-run blood tests.